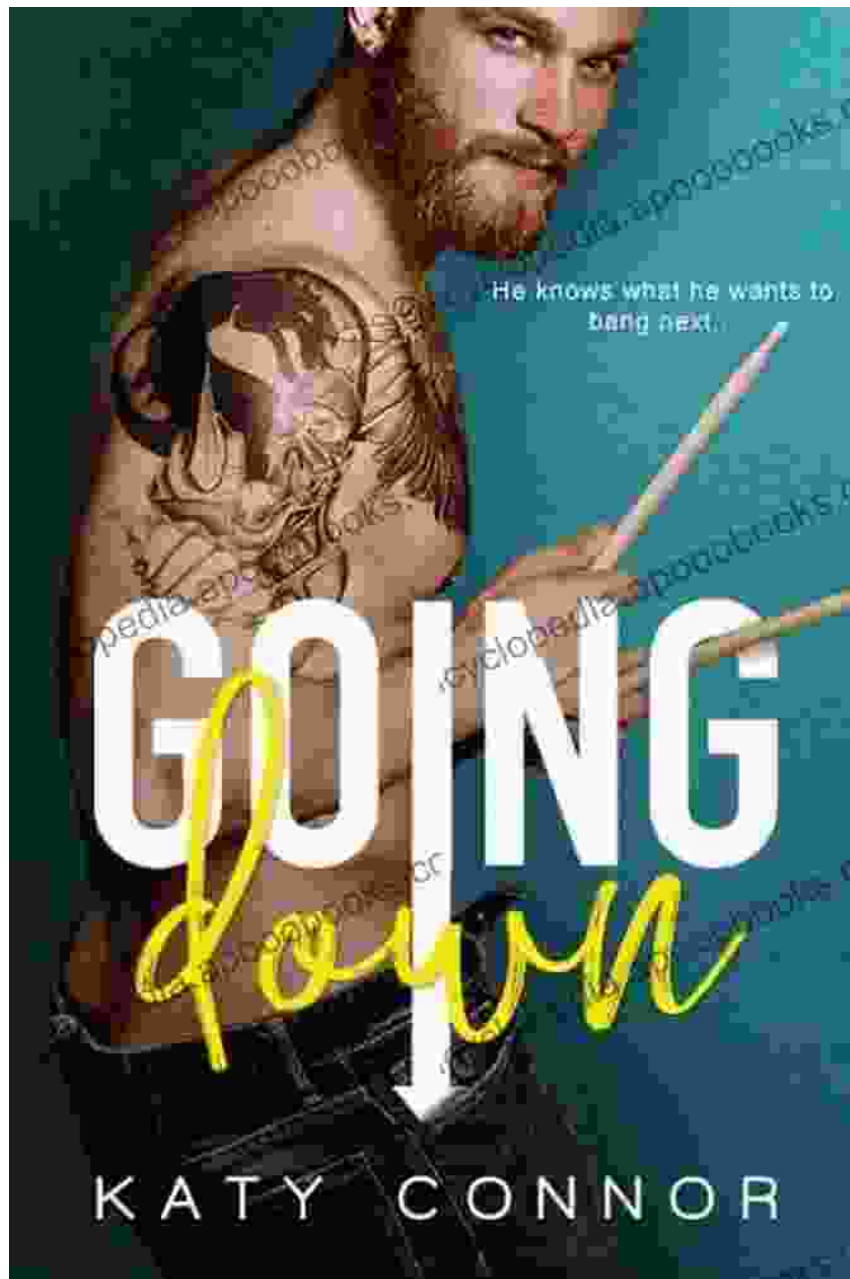


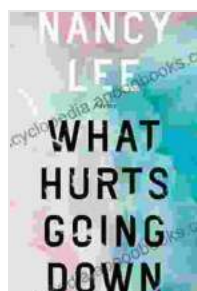
What Hurts Going Down: A Haunting and Hopeful Memoir of Love, Loss, and Resilience by Dunya Mikhail



In her memoir, *What Hurts Going Down*, Dunya Mikhail takes us on a journey of love, loss, and resilience. Through her evocative and lyrical

prose, she explores the complexities of grief and healing, as she grapples with the death of her husband and the subsequent challenges of single motherhood.

Mikhail was born in Iraq and came to the United States as a young woman. She met her husband, a Palestinian-American doctor, in Chicago. They had two children together. But their happiness was cut short when Mikhail's husband was killed in a car accident. Mikhail was left to raise her two young children on her own. She struggled with grief and depression, but she also found strength in her children and in her writing.



What Hurts Going Down by Dunya Mikhail

★★★★★ 5 out of 5

Language : English
File size : 1112 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Print length : 95 pages
Screen Reader : Supported



What Hurts Going Down is a powerful and moving story that will stay with you long after you finish reading it. Mikhail's writing is honest and raw, and she does not shy away from the pain of her experiences. But she also finds hope and healing in the midst of her grief. This is a story that will resonate with anyone who has ever experienced loss.

Praise for What Hurts Going Down

"Dunya Mikhail's memoir is a beautifully written and heartbreaking account of love, loss, and resilience. Her story is a reminder that even in the darkest

of times, we can find hope and healing." — Khaled Hosseini, author of *The Kite Runner*

"What Hurts Going Down is a powerful and moving memoir that explores the complexities of grief and healing. Dunya Mikhail's writing is honest and raw, and she does not shy away from the pain of her experiences. But she also finds hope and healing in the midst of her grief. This is a story that will resonate with anyone who has ever experienced loss." — NPR

"Dunya Mikhail's memoir is a must-read for anyone who has ever experienced loss. Her writing is honest and raw, and she does not shy away from the pain of her experiences. But she also finds hope and healing in the midst of her grief. This is a story that will stay with you long after you finish reading it." — *The New York Times*

About the Author

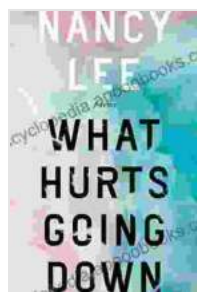
Dunya Mikhail is an Iraqi-American poet, writer, and translator. She is the author of four books of poetry, including *The Beekeeper: Rescuing the Stolen Women of Iraq* and *War/Torn*. Her work has been translated into more than twenty languages. Mikhail is a professor of creative writing at the University of Michigan. She lives in Ann Arbor, Michigan.

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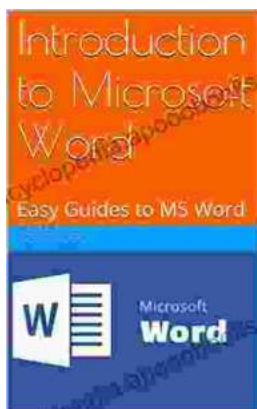
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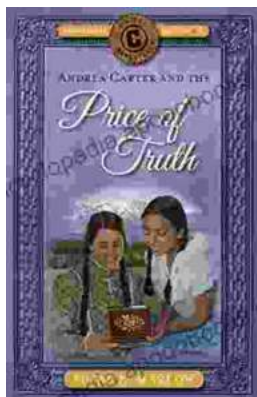
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