

Uncover the True Nature of the Soul: An Explorative Journey with "Self From Distance"

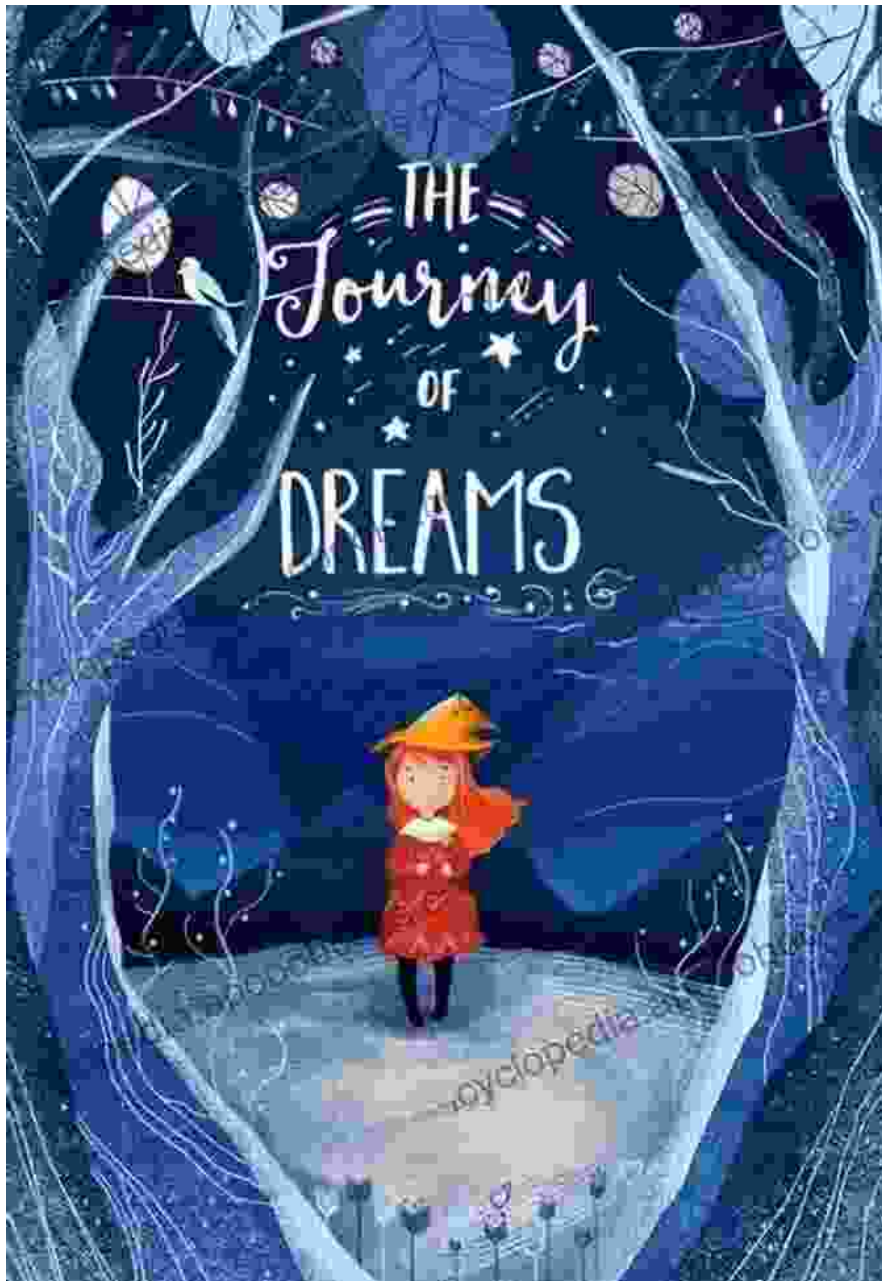


SEL From a Distance: Tools and Processes for Anytime, Anywhere by Jessica Hannigan

★★★★☆ 4.7 out of 5

Language : English
File size : 7715 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 144 pages





Embark on a Profound Journey of Self-Discovery

In an era marked by constant distraction and superficiality, "Self From Distance" offers a refreshing and introspective escape. This thought-provoking memoir invites readers to embark on a profound journey of self-discovery, exploring the very essence of their being.

Delve into the Depths of Your Soul

Through a series of introspective reflections and poignant anecdotes, the author takes readers on a transformative journey into the depths of the soul. They delve into the nature of consciousness, the power of intention, and the interconnectedness of all things.

Along the way, they uncover the illusions that often cloud our perception and hinder our spiritual growth. By stripping away these layers of illusion, readers gain a deeper understanding of their true nature and their place in the vast tapestry of life.

Embrace the Power of Consciousness

"Self From Distance" emphasizes the transformative power of consciousness. The author guides readers to cultivate mindfulness, presence, and self-awareness. By mastering these skills, they gain the ability to observe their thoughts and emotions with detachment, leading to greater clarity and emotional resilience.

Through practical exercises and inspiring insights, the book empowers readers to harness the potential of their consciousness and live in alignment with their highest truth.

Discover the Path to True Enlightenment

The ultimate goal of "Self From Distance" is to lead readers on a path to true enlightenment. The author shares their personal experiences and profound insights, offering a roadmap for spiritual awakening.

By embracing the principles of love, compassion, and non-attachment, readers can transcend the limitations of the ego and experience a profound

sense of inner peace and fulfillment.

A Transformative Read for Seekers of Truth

"Self From Distance" is a must-read for anyone seeking a deeper understanding of themselves, their purpose, and the nature of reality. Through its introspective wisdom and inspiring guidance, it empowers readers to embark on a transformative journey of self-discovery and spiritual growth.

Whether you are a seasoned spiritual seeker or simply curious about the mysteries of the soul, "Self From Distance" is a profound and enlightening companion that will illuminate your path and inspire you to live a more authentic and fulfilling life.

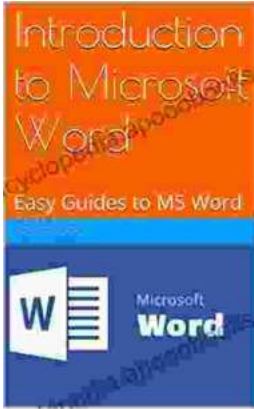


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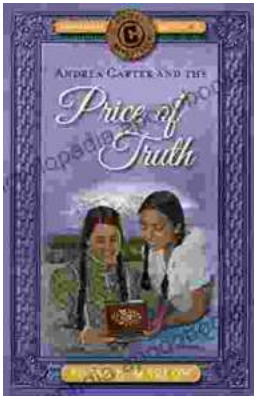
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