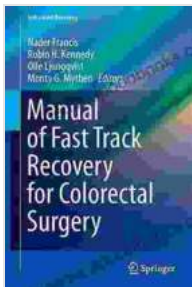


Manual of Fast Track Recovery for Colorectal Surgery: Enhanced Recovery

Overview

Colorectal surgery is a major undertaking, but it doesn't have to be as painful or debilitating as it once was. Enhanced Recovery After Surgery (ERAS) is a set of evidence-based protocols that have been shown to reduce pain, shorten hospital stays, and improve patient outcomes. This manual provides a step-by-step guide to implementing an ERAS program for colorectal surgery.



Manual of Fast Track Recovery for Colorectal Surgery (Enhanced Recovery Book 0)

★★★★★ 5 out of 5

Language : English
File size : 4572 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 194 pages



The manual is written by a team of experienced colorectal surgeons and nurses who have successfully implemented ERAS programs in their own hospitals. They provide detailed instructions on every aspect of ERAS, from preoperative counseling to postoperative care. The manual is also packed with helpful tips and resources, such as sample protocols, checklists, and patient education materials.

Whether you're a surgeon, nurse, or patient, this manual is an essential resource for anyone who wants to improve the outcomes of colorectal surgery.

Benefits of ERAS

ERAS has been shown to provide a number of benefits for patients undergoing colorectal surgery, including:

- Reduced pain
- Shorter hospital stays
- Improved patient outcomes
- Faster recovery times
- Reduced risk of complications

ERAS protocols are designed to minimize the stress of surgery on the body. By reducing pain, nausea, and other complications, ERAS helps patients recover faster and with less discomfort.

How to Implement ERAS

Implementing an ERAS program requires a team effort from surgeons, nurses, and other healthcare providers. The first step is to develop a set of protocols that are tailored to your specific hospital and patient population. The manual provides detailed instructions on how to develop and implement ERAS protocols, including:

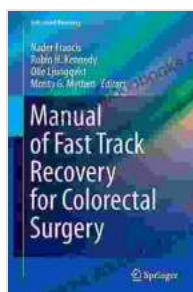
- Preoperative counseling
- Intraoperative care

- Postoperative care
- Discharge planning
- Follow-up care

Once you have developed your protocols, it is important to train your staff on how to implement them. The manual provides a variety of training resources, such as presentations, videos, and handouts.

ERAS is a safe and effective way to improve the outcomes of colorectal surgery. This manual provides a step-by-step guide to implementing an ERAS program in your hospital. By following the instructions in this manual, you can help your patients recover faster and with less pain.

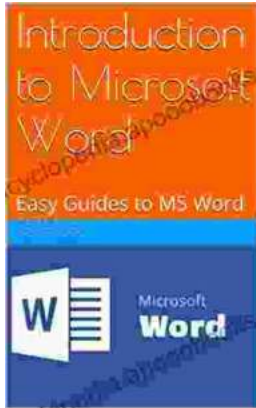
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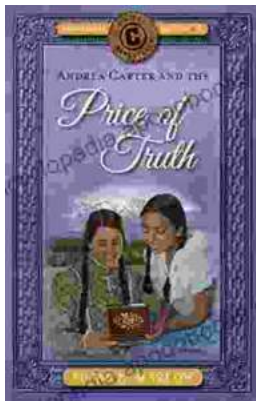
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